



The Protection Spiral Soul Sign

Soul Message

There are souls whose silence is their power.
But the world often does not understand silence — and so they are left unprotected.
This spiral is a soul-born shield for those who need energetic safety.
It doesn't close you off — it holds you gently within your own truth.

Meaning

- Deflects malicious intent and psychic intrusion
- Creates a soft boundary around the soul
- Grounds inner stillness while protecting the outer field

Activation

Draw or print the spiral.
Place it before you or wear it as a talisman.
Trace the spiral inward with your finger, slowly.
Breathe in and repeat:

"This is my sanctuary.
I am safe here."

Sit with the spiral as long as needed.
Let it hold what you no longer want to carry.