

SOUL

Soul Sign



Soul Message

You are not your roles.
Not your shape, your stories, your survival.
You are soul.
Even when forgotten, you remain.

Meaning

- A remembrance of origin
- Anchor in moments of disconnection
- Portal to self beyond identity

Activation

Sit in stillness.
Place the symbol in front of you.
Breathe gently and whisper:

"I am not what happened to me.
I am what remained."

Let the word SOUL sink into your body.
Not as a concept — but as who you are beneath every silence.